



Walkmeter

started Sep 21, 2019 at 11:40 AM
 route FN Grasmere
 activity Walk
 walk time 2:22:50
 stopped time 2:02:04
 distance 6.37 miles
 average pace 22:25 /mile
 fastest pace 17:55 /mile
 ascent 688
 descent 608
 calories 596
 avg cadence 118 steps/min
 max cadence 121 steps/min
 steps 16816
 temperature 22°C
 humidity 56%
 wind 6 mph VRB
[KML Link](#)
[Terms and Conditions](#)

- Graphs
- Splits
- Intervals
- Leaderboard
- Step Cadence
- Walk Pace
- Walk Speed

