Singleton and Skippool continued...

" Flowers are the courtship vessels of plants."

Acer plaitanoides Norway Maple
Achillea millefolium Yarrow
Aegopodium podagraria Ground-elder
Ajuga reptans Bugle
Apium graveolens Wild Celery
Woven garlands of it were found in early Egyptian tombs.
Artemesia vulgaris Mugwort
Asplenium adiantum-nigrum Black Spleenwort
Aster tripolium Sea Aster
Atriplex prostrata Spear leaved Orache
Atriplex portulacoides Sea Purslane
Bellius perennis Daisy
Beta vulgaris Sea Beet
Originally from the Middle East, it has been grown for over 2000 years to produce sugar and cattle feed.
The Greeks presented Beet as one of their offerings to the Sun God Apollo in Delphi.
The root evolved into the Beetroot and Chard of today.
Buddleja davidii Butterfly Bush
Capsella bursa-pastoris Shepherd's-purse
Cerastium fontanum Common Mouse-ear
Centaurea nigra Common Knapweed
The genus from Chirton, who used it to heal a poisoned arrowhead. Chiron later taught Achilles the art of medicine.
Cirsium arvens Creeping Thistle
Cirsium vulgare Spear Thistle
Calystegia sepium Hedge Bindweed
Chamerion angustifolium Rosebay Willowherb
Convolvulus sepium Hedge Bindweed
Convolvulus silvatica Large Bindweed
Crocosmia X crocosmiflora Montbretia
A native of South Africa
Cymbalavia muralis Ivy-leaved Toadflax
Introduced into an Essex garden from Italy in the 17th Century
Dryopteris filix-mas Male Fern
Epilobium hirsutum Great Willowherb.
Codlins and Cream from the rosy and cream colour of the flowers which resemble " codlins " or cooking apples.

Epilobium montanum Broad-leaved Willowherb
Equistem sylvaticum Wood Horsetail

The only horsetail with branched branches.

Equisetum telmateia Great Horsetail
Filipendula ulmaria Meadowsweet
Galium aparine Cleavers
Galium verum Lady's Bedstraw

Known as "fleaweed". It was used for it's fragrance and flea repellent properties in straw cushions and mattresses.
In Gloucestershire it is mixed with nettle juice to make Double Gloucester Cheese.

Geranium sylvaticum Wood Crane's-bill
Geum robertianum Herb-Robert
Geum urbanum Wood Avens
Hedera helix Ivy
Heracleum sphondylum Hogweed
Lapsana communis Nipplewort
Lathyrus pratensis Meadow Vetchling
Limonium humile Lax-flowered Sea-lavender
Limonium vulgare Common Sea-lavender
Lonicera periclymenun Honeysuckle
Matricaria discoidea Pineapple-weed
Medicago lululina Black Medic
Melilotus albus White Melilot
Melilotus altissimus Tall Melilot

….contains coumarin, the basis of Warfarin.
An oil from it's seed is used in paints and varnishes.

Oenanthe crocata Hemlock Water Dropwort
Oenanthe lachenalis Parsley Water-dropwort
Plantago lanceolata Ribwort Plantain
Polygonum aviculare Knotgrass

Known in the USA as " doorweed" for it's liking for doorways

Polypodium vulgare Polypody
Potentilla anserina Silverweed
Potentilla reptans Creeping Cinquefoil
Prunus spinosa Sloe / Blackthorn
Prunella vulgaris Selfheal
Pteridium aquilinum Bracken
Pulicaria dysentrica Common Fleabane

Ranunculus acris Meadow Buttercup
Rubus fruticosus agg Bramble
Ruscus aculeatus Butcher's Broom
Salicornia sp Glasswort
Senecio jacobaea Common Ragwort
" Outer bracts of heads one quarter of length of inner ones."
Introduced by The Crusaders.
Senecio vulgaris Groundsel
Silene dioica Red Campion
Sonchus arvensis Perennial Sow Thistle
Spergularia marina Lesser Sea-spurrey
Latin spagere = to disperse,as the plant has many seeds.
Spergularua media Greater Sea-spurrey
Stachys palustris Marsh Woundwort
Stachys sylvatica Hedge Woundwort
Suaeda maritima Annual Sea-blite
Taracacum agg Dandelion
Trifolium pratense Red Clover
Trifolium repens White Clover
Triglochin maritimum Sea Arrowgrass
Tripleurospermum maritimus Sea Mayweed
Utrica dioica Common Nettle
Vicia cracca Tufted Vetch
Vicia hirsuta Hairy Tare (gone over)

" One touch of nature makes the whole world kind."

Galls :
Aceria aceriscampestris.

Robin's Pincushion Gall...found on Dog Rose and caused by the larvae of the Gall Wasp *Diplopepsus rosae.*

Knopper Gall...the outgrowths on Acorns of the Pendunculate Oak, and caused by the tiny Gall Wasp *Andriculus quercusalia.*

Mompha nodicolla on Willowherb

Grasses Rushes and Sedges :

Carex demiia	Common Yellow Sedge.
Yellow-green with long bracts: Plump spiky female spikelets clustered below the male one.	
Carex pendula	Pendulous Sedge
Carex otrbae	False Fox-sedge
Stems scarcely winged, and with long bristle like bracts.	
Juncus effusus	Soft Rush
Juncus inflexus	Hard Rush
Juncus maritimus	Sea Rush
Schoenplectus maritimus	Sea Club-rush
Agrostis capillaris	Common Bent
Anisantha sterilis	Barren Brome
Bromus erects	Upright Brome
With camel's eyelashes.	
Dactylis glomerata	Cock's- foot Grass
Deschampsia flexuosa	Wavy Hair-grass
Elytrigia atherica	Sea Couch
Elytrigia repens	Common Couch
Festuca rubra	Red Fescue
Holcus mollis	Creeping Soft grass
Lolium perenne	Perennial Rye grass
Poa annua	Annual Meadow- grass
Poa pratensis	Smooth Meadow- grass
Poa trivialis	Rough Meadow- grass
Phalris arundinacia	Reed Canary grass
Phleum pratense	Timothy
Phragmites australis	Common Reed
Schedonorus giganteus	Giant Fescue
Spartina anglica	Common Cord-grass

What a day ! Our friendly group enjoyed a super day

Please excuse the errors / typing. Owen