



Walkmeter

started Jul 27, 2019 at 10:50 AM
 route FN East Marton
 activity Walk
 walk time 1:58:08
 stopped time 1:30:39
 distance 5.49 miles
 average pace 21:31 /mile
 fastest pace 12:09 /mile
 ascent 437
 descent 435
 calories 511
 avg cadence 112 steps/min
 max cadence 130 steps/min
 steps 13183
 temperature 15°C
 humidity 88%
 wind 10 mph WNW
[KML Link](#)
[Terms and Conditions](#)

- Graphs
- Splits
- Intervals
- Leaderboard
- Step Cadence
- Walk Pace
- Walk Speed

