

Walk with Fylde Naturalists on 23 July.

Led by Jan.

Our friendly group met up at Fluke Hall, Pilling.

Pilling is an ancient settlement with human activity dating back to the Neolithic.



We strolled along the embankment under hot sun, with wind-swept views over Morecambe Bay, and then through rich farmland.

“ Blown fields or flowerful closes...” Swinbourne

This embankment was built to protect Pilling which lies below sea level. Hence Pilling Windmill can boast having had the tallest windmill in the Fylde.



A lovely day was had by all.

Some of the things seen :

Achillea millefolium Yarrow
Aegopodium podagaria Ground-elder
Allaria petiolata Garlic Mustard
Arcticum minus Lesser Burdock
Armeria maritima Thrift
Artemesia vulgaris Mugwort
Arum maculatum Lords and Ladies
Aster triplolium Sea Aster

Atriplex portulacoides Sea Purslane



Atriple prostrata Spear-leaved Orache

Bellis perennis Daisy

Buddleia davidii Butterfly bush

"Buddleia", after John Budle, an Essex Rector who wrote a book on plants in 1708.

"Davidii" after Armand David, a Jesuit missionary who found it growing in China.

Capsella bursa-pastoris Shepherd's Purse

Cerastium holosteoides Common Mouse-ear

Centaurea nigra Common Knapweed

Chamerion angustifolium Rosebay Willowherb

Chrysanthemum segetum Corn Marigold

Chrysanthemum parthenium Feverfew

Cirsium arvense Creeping Thistle

Cirsium vulgaris Spear Thistle

Convolvulus arvensis Field Bindweed

Crepis capillaris Smooth Hawk's-beard

Crithmum maritimum Rock Samphire

Cymbalaria muralis Ivy-leaved Toadflax

I like this one just for it's name !

“ A flowery band

to bind us the the earth....” John Keats

Daucus carota ss *carota* Wild Carrot

Equistum arvense Field Horsetail

Euphorbia sp Spurge

Filipendula ulmaria Meadowsweet

Galium aparine Cleavers

Geranium Robertum Herb – Robert

Named either after Robert , Duke of Normandy in 1490, or from the Latin “ruber” = Red, after it's colour.

Helianthus Sunflower

Heracleum sphondylium Hogweed

Hippopae rhamnoides Sea Buckthorn

Lamium album White Dead-nettle

Lapsana communis Nipplewort

Leucanthemum vulgare Oxeye Daisy

Ligustrum Privet

Limoneum humile Lax-flowered Sea-lavender.

“Lax” from M.E. = Loose, not compact

Limoneum vulgaris Common Sea-Lavender

“ Purplish swathes across the saltmarsh, sometimes confused with heather.

The rarer Western Sea Lavender lives by Barnaby Sands.



Lotus corniculatus Bird's foot Trefoil

Lotus pedunculatus Greater Bird's foot Trefoil

Lythrum salicaria Purple Loosestrife

Drovers used to attach it to their Ox-yokes as a pacifier, and gnats.

as it repels biting flies

Malvus sylvestris Common Mallow



Matricaria matricarioides Pineappleweed

Medicago lupulina Black Medic

Mysotis sp Forget me not sp.

Odonites vernus Red Bartsia

Oenothera sp Evening Promrose

Ononis repens Common Restharrow

From the Greek ONOS= The Ass, whose favourite food it was.

Restharrow is adapted from Remora aratri = plough hindrance ,

and Rest bovis = Ox stop , as it stops horse-drawn harrows in it's tracks.

Papaver rhoeas Common Poppy

Parietarea judaica Pelliatory-on-the -wall

From Late Latin " paries-etis = wall and

Greek "loudais" = Jew



Pasinaca sativa Wild Parsnip

Peplis portua Water-purslane

Persicaria amphibia Amphibious Bistort

Plantago lanceolata Ribwort Plantain

Plantago major .Greater Plantain

Plantago maritima Sea plantain

" To see the world in a grain of sand, and a heaven in a wild flower ..."

Polygonium hydropiper Water- pepper

Polygonum persicaris Redshank

Potentilla anserine Silverweed

Potentilla reptans Creeping Cinquefoil

Pulicaria dysenterica *Common Fleabane*

Ranunculus bulbosus *Bulbous Buttercup*

With reflexed sepals

Ranunculus acris *Meadow Buttercup*

Rapahanus raphanistrum ssp maritimus

Sea Radish

Rubus fruticosus *Bramble*

Rubus idaeus *Raspberry*

Rumex acetosella *Sheep's Sorrel*

Rumex crispus *Curled Dock*

Rumex obtusifolia *Broad-leaved Dock*

Also known as butterdock as it was used to wrap butter and keep it cool.

Dock is a very invasive plant which produces 40000 seeds which spread by wind and water, and remain viable for up to 80 years.



Salicornia sp *Glasswort*

Stace 2019 "An extremely difficult genus, with great phenotypic plasticity. A radical new classification proposed in 2012 with 3 spp, the last distinguishable only by molecular character."

Collins "Many populations will be found that cannot be named with confidence as they do not fit any of the descriptions precisely."

.....used in early glass manufacture, and referred to in The Bible.



Sedum anglicum *English Stonecrop*

Senecio jacobaea *Common Ragwort*

Senecio vulgaris *Groundsel*

Silene dioica *Red Campion*

Silene vulgaris *Groundsel*

Silene uniflora *Sea Campion*

Sisymbrium officinale *Hedge Mustard*

Sonchus asper *Prickly Sow Thistle*

Suaeda maritima *Sea Blite*

Taraxacum agg Dandelion

Named from the French.... "Lion's teeth" .

Stace 2019 "248 microspecies are currently recognised in The British Isles.

Rose "Involucre bracts in 2 erect rows, and the outer row of shorter ones."

Torilis japonica Upright Hedge parsley

Trifolium arvense Hare's foot clover

Trifolium pratense Red Clover

Trifolium repens White Clover

Tripleurospermum maritimus Sea Mayweed

Vicia cracca Tufted Vetch



*" The Lark's on the wing,
The snail's on the thorn.*

*God's in His Heaven,
All's right with the world ."*

Robert Browning

Grasses :

Anistaha sterilis Barren Brome

Avena sp Oat

Dactylis glomerata Cock's foot

Elytrigia repens

Festuca Fescue sp

Holcus molis Creeoing Soft-grass

Hordeum murium Wall Barley
Lolium perenne Perennial Rye-grass
Poa annua Annual Meadow-grass
Poa pratense Smooth Meadow-grass
Phragmites australis Common Reed
Spartina anglica Saltmarsh grass

The grass which is turning Grange over Sands into Grange over Grass.

Juncus articulatus Jointed Rush
Juncus conglomeratus Compact Rush
Juncus effusus Soft Rush
Juncus gerardii Saltmarsh Rush



Horses :

The “ Sapient Paradox” occurred about 60000 years ago.

During The Ice Age, Early Homo sapiens created parietal art deep in the Caves of Europe, such as this at Peche Merle circa 27000 years ago...with animals including horses.

Birds :

Lapwing
Linnet
Wood Pigeon
Great Tit
Starling
Blackbird

“ Blackbirds are the cellos of the deep farms.”

Oystercatcher
Great Black Backed Gull
Greenfinch
Goldfinch
Swallow
House martin
Mallard
Chaffinch
Heron
Black-headed Gull
Wren
Collared Dove
Buzzard calling
Red Legged Partridge



Starring, not in order of appearance :

Speckled Wood
Comma
Gatekeeper
Large White
Small White
Small Tortoiseshell
Small Copper



Green V. White
Meadow Brown
Peacock
11 spot Ladybird
Emperor
Meadow Grasshopper
Common Soldier beetle
Icumen wasp
Marmalade hoverfly
7 Spot ladybird
Narrow Bordered 5 spot burnet moth



Dont forget the Rabbit !

Please excuse the typing/ errors Owen.