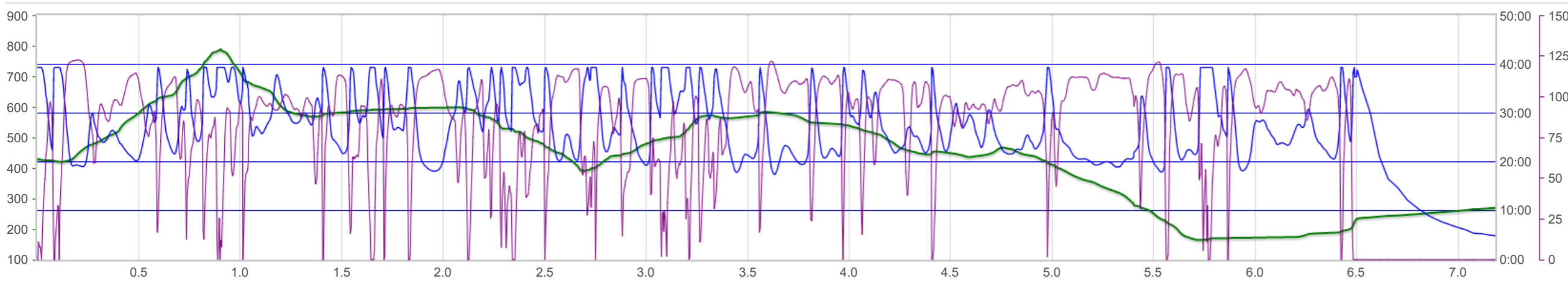


Walkmeter

started Jul 13, 2019 at 11:06 AM
 route FN Windermere
 activity Walk
 walk time 2:21:16
 stopped time 2:25:54
 distance 7.18 miles
 average pace 19:40 /mile
 fastest pace 4:53 /mile
 ascent 755
 descent 915
 calories 648
 avg cadence 116 steps/min
 max cadence 125 steps/min
 steps 16320
 temperature 19°C
 humidity 83%
 wind 5 mph WSW
[KML Link](#)
[Terms and Conditions](#)

- Graphs
- Splits
- Intervals
- Leaderboard
- Step Cadence
- Walk Pace
- Walk Speed



- Elevation feet
- Pace /mile
- Cadence steps/min
- Distance
- Total Time
- Walk Time
- Smooth