

A walk with Fylde Naturalists on 10 July

Led by Jan.

Our friendly group met up at Marton Mere.



This 35 ha. tranquil haven of wildlife holds SSSI status.

“Tranquil” that is, save for a glorious orchestral backdrop of bird song.

Marton Mere (Old English : *mere* + *tun* = lake town) was designated a Local Nature Reserve in the 1990s having previously having had a chequered past.

A truly comprehensive list of records (including Otters) is on display in the Visitor’s Centre , which is manned (and woman-ned) by helpful staff and volunteers , including our leader today, Jan.



Over lunch , we wondered if water could run uphill.
(..... it’s a long story.....!)

Just a few of the day's highlights....

Achillea millefolium Yarrow

Agrimonia eupatoria Agrimony

A personal favourite having lived in Rue d'Eupatoria.

Artemisa vulgaris. Mugwort

One of the 9 Sacred Anglo Saxon Herbs

Anagallis arvensis.

Scarlet Pimpernel ...

Anagallis = Latin for "laugh".

It's a bit like me. It opens with the sunshine and shuts with the first sign of bad weather.



Arctium minus Lesser Burdock

Centataurea nigra Common Knapweed

Capsella bursa-pastoris Shepherd's purse

Cerastium fontanum Common Mouse-ear

Chamerion angustifolium Rosebay Willowherb

Cirsium arvense Creeping Thistle (Scented)

Cirsium vulgare Spear Thistle

Crepis capillaris Smooth Hawk's beard

Daucus Carotta Wild Carrot

The carrot dates back about 5000 years when the root was found growing in what is now Afghanistan, then carried by Arab merchants along trade routes through Arabia, Asia and Africa.

Dipsacus fullonum Teasel

The "teasing" plant of the clothing industry, known as 'brush and combs' because the heads were placed in wooden frames for combing cloth. The workers were known as "fullers" hence the name 'fullonem'

Equisetum arvense Field Horsetail

Galeopsis bifida Bifid Hemp-nettle

"Gale" is Latin for "Weasel"

and "Opsis" for "countenance"....that is, a flower resembling a weasel's face.

A flower visited by long lipped bees.



Galeum aparine Cleavers

Geranium lucidum Hedgerow Cranesbill

“ Full many a flower is born to blush unseen “ Thomas Gray

Geum urbanum Wood Aven

Heracleum sphondylium Hogweed

Hypericum calycinum Rose of Sharon

Hypericum tetrapterum Square stalked St John's Wort.

Dedicated to St John the Baptist as the Red sap represents blood.

Lathyrus latifolius Broad leaved Everlasting Pea

Lathyrus pratense Meadow Vetchling

“ I sing of brooks and blossom,
birds and bowers “ . Herrick

Leucanthemum vulgare Oxeye Daisy

Lotus corniculatus Common Bird's foot Trefoil

=Egg and Bacon

Lysimachia punctata Dotted Loosestrife

“ *Lysimachia punctata* sensu lato

L. vericillaris with an orange flush to the petals

Matricaria discoides Pineappleweed

Melilotus sp Melilot

Nuphar lutea Yellow Water lily.

Often carved by 13th Century sculptors on roof bosses ,in, eg Westminster Abbey,
and the leaves inspiring the glass supports of the 1857 Crystal Palace.

Ononis repens Common Restharrow

Ophrys apifera Bee Orchid (past it's best)

Pasinaca sativa Wild Parsnip

From the Latin *pasinaca* = something dug up from the ground, and a favourite of
the Emperor Tiberius.

Picris echiodes Bristly Oxtongue

“ Echiodes” is from the Grek “echis” , a viper.

Plantago lanceolata Ribwort Plantain

Persicaria amphibia Amphibious Bistort

Potentilla anserina Silverweed

Ranunculus acetosa Common Sorrel

Ranunculus acris Meadow Buttercup

Ranunculus sceleratus Celery leaved Buttercup

Ranunculus sceleratus Celery-leaved Buttercup

Rubus fruticosus agg Bramble

Rumex obtusifolia Broad leaved Dock

Scrophularia auriculata

Water figwort

Sisymbrium officinalis Hedge

Mustard

Solidago gigantea Early Goldenrod

Stachys palustris Marsh Woundwort

Stachys sylvatica Hedge Woundwort

Symphytum x uplandicum Russian Comfrey

Taraxacum agg *Dandelion*

Tragopogon pratensis Goatsbeard



Trifolium repens White Clover

Tripleurospermum inoderum Scentless Mayweed

Trifolium arvense Haresfoot Clover

Typha angustifolia Lesser Bulrush
Typha latifolia Bulrush / Reedmace

*The famous painting of Moses in the Bulrushes by Alma-Tadema depicted the infant Moses in his basket...
Bulrush was Scirpus lacustris = a sedge.
It is now Typha latifolia
One reason for scientific names (but they can be all Greek to me)*



Urtica dioica Common Nettle
Verbascum thapsus Great Mullein

From the Old English Wulfeyn = woolen, it's soft, wooly leaves were used for the insoles of leather shoes in the Middle Ages.

Veronica anagallis-aquatica Blue water speedwell
Veronica catenata Pink water speedwell

Vicia hirsuta Hairy Tare

Mathew 13 25

“ But while men slept, his enemy came and sowed tares among the wheat and then went away...”

Vicia cracca Tufted Vetch

“ When the green woods laugh
with the voice of joy..” William Blake

“ Twas brillig, and the slithy toves
did gyre and gimble in the wabe
All mimsy were the borogroves
and the mome raths outgabe” Lewis Carroll



Poaceae Grasses

Alopecurus geniculatus Marsh Foxtail
Alopecurus pratense Meadow Foxtail
Agrostis stolonifera Creeping Bent
Bromus hordaceus Soft Brome
Cynosorus cristati Crested Dog's tail
Deschampia cespitosa Tufted Hair grass
Festuca rubra Red Fescue
Hordeum murinum Wall Barley
Lolium perenne Perennial Rye grass
Phalaris arundaceae Reed Canary Grass
Phragmites australis Common Reed
Poa annua Annual Meadow grass

Juncaceae Rush Family

Juncus conglomeratus Soft Rush
Juncus effusus Compact Rush
Juncus inflexus Hard Rush

Birds :

See
[www. Fyldebirdclub](http://www.Fyldebirdclub)

Song Thrush



*“ That’s the wise thrush ;
he sings each song twice over,
Lest you should think he never could recapture
The first fine careless rapture .” Browning.*

Herring Gull
Black-headed Gull
Lesser Black Backed Gull
Swallow
Mallard
Coot



Greenfinch

Lapwing
Wood Pigeon
Blackbird
Goldfinch
Magpie
Reed Bunting
Chiffchaff
Oystercatcher
Linnet
Long tailed tits
Tufted Duck
Reed Warbler
House Martin
Swift

“ How sweet the moonlight sleeps upon this bank.
Here we will sit and let the sounds of music
Creep in our ears...” The Bard



Starring, not in order of appearance :

Cinnabar Caterpillar

Comma

Bloodsucker beetle

Red Tailed Bumblebee

Hover-fly

Gatekeeper

Green veined butterfly

7 spot ladybird

Marmalade hover- fly

Large yellow underwing moth

Peacock caterpillar

Red Admiral

White lipped banded snail

Small White

“ Float like a butterfly.

Sting like a bee.” M.Ali

Brown Hawker

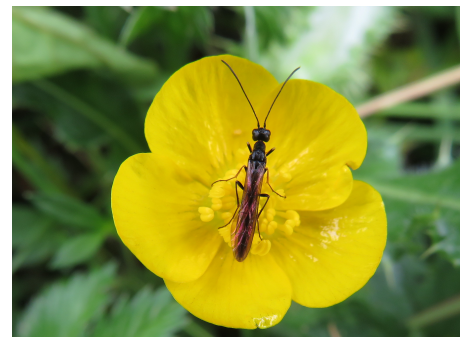
Grasshopper

Picture wing fly

Nursery web spider

White tailed Bee

Pied hover- fly





A lovely day was had by all !

But dont forget the rabbit !



Please excuse the typing / errors Owen

