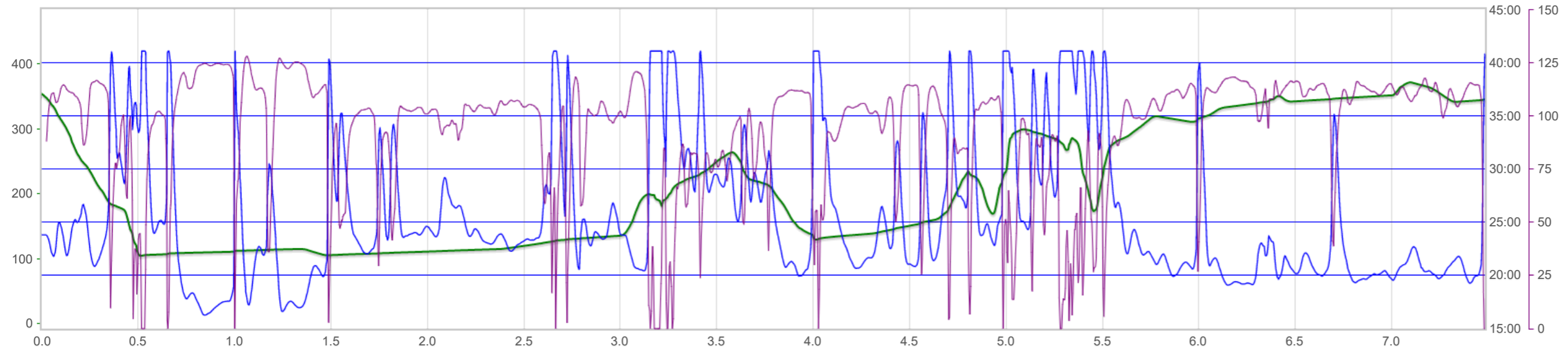


Walkmeter

started May 4, 2019 at 10:42 AM
 route FN Hurst Green
 activity Walk
 walk time 2:33:39
 stopped time 1:33:52
 distance 7.48 miles
 average pace 20:32 /mile
 fastest pace 15:41 /mile
 ascent 668
 descent 683
 calories 667
 avg cadence 117 steps/min
 max cadence 132 steps/min
 steps 17939
 temperature 9°C
 humidity 53%
 wind 16 mph N
[KML Link](#)
[Terms and Conditions](#)

- Graphs
- Splits
- Intervals
- Leaderboard
- Step Cadence
- Walk Pace
- Walk Speed



Elevation feet

Pace /mile

Cadence steps/min

Distance

Total Time

Walk Time

Smooth